January speaker to focus on cancer

Barbara Given, University Distinguished Professor, MSU College of Nursing will talk about the self-management of symptoms and side effects from cancer treatment on Monday, Jan. 9. Some questions she’ll answer will be: What are the common side effects from cancer treatment that I can manage? As a family member, how can I help the person who has the symptoms and side effects?

When Monday, Jan. 9
Time 2 p.m., refreshments at 1:30 p.m.
Where Community Room, MSU Federal Credit Union, corner of Farm Lane and Mt. Hope

Brain health topic of February meeting

Jim Potchen will speak on keeping our brains healthy as we age at the Feb. 13 meeting. Potchen is retired faculty from Radiology Human Medicine. Here’s an abstract from his presentation. https://msu.edu/~fea/SiteLinked/PotchenAgingBrainAbstract_REV2.htm

When Monday, Feb. 13
Time 2 p.m., refreshments at 1:30 p.m.
Where Community Room, MSU Federal Credit Union, corner of Farm Lane and Mt. Hope

Editor’s Note: We apologize for the delay in publishing this year’s In Memoriam. Because of the delay, this list shows deaths from July 1, 2015 through November 20, 2016. In publishing this notice to mark their passing, we honor them for their contributions to improve MSU and the Greater Lansing community.

Jeanette Abeles 10/16/2015
Maurice W Adams 9/9/2015
William Adams 8/30/2015
Elizabeth R Agar 10/9/2015
Barbara Lee Allyn 1/1/2016
Orlando Andersland 9/27/2015
Dorothy Arata 3/30/2016
Alice Atkin 3/26/2016
Kathleen Badgero 5/5/2016
Wendell Bannister 9/22/2015
Doris Bauer 10/18/2015
John H Beaman 8/7/2015
Ronald L Beech 4/15/2016
Carolyn S Berlin 10/20/2015
Suzanne Bickert 9/27/2015
Anita C Dean 2/8/2016
Anita M Delashmutt 9/26/2015
Arletta Dibble 9/3/2015
David R Dilley 9/15/2015
K M Dimitrijevic 6/29/2016
Stanley Drobac 4/3/2016
Surjit S Dulai 8/15/2016
Joseph Dzenowagis 9/25/2016
Donald Edgar 9/13/2016
Rosemary Elliott 12/15/2015
Matthew H Epstein 8/13/2016
Richard Estell 5/6/2016
Maxine A Eyestone 9/28/2016
Larry Fitzpatrick 12/20/2015
Freed to write for newsletter

Carla M. Freed, who retired in 2013 after 30 years of service to MSU, has joined the Spartan Senior Newsletter as a contributing writer. She will write for our new Spartan Spotlight feature, which will focus on retirees who have done different and interesting things in retirement.

Freed’s entire university career was spent in the division that is now called Communications and Brand Strategy. She was editor of the MSU News Bulletin, the faculty-staff newspaper, for 15 years and also was as a writer, editor, and project manager in Marketing Communications.

In addition to keeping her editing skills polished with occasional freelance work, Freed enjoys sewing baby comforters for donation to Pregnancy Services and knitting scarves for distribution through the Heart and Hands food pantry in Eaton Rapids, where she volunteers weekly.

A member of First Baptist Church of Eaton Rapids, she participates in a weekly Bible study and volunteers in the children’s ministry. She also occasionally provides special music for Sunday worship on the flute, which she began playing at age 9.

She and her husband, Terry, have two grown daughters and six grandchildren, ages 3 through 8. She spends two days each week with her three granddaughters, who live locally, and visits her three grandsons in Tennessee as often as possible.

Korean War veterans sought

The Korean conflict of 1950-53 has been called America’s forgotten war. Our soldiers faced extremes of climate, were often outnumbered, and sometimes had to fight with old technology (e.g. B-29 bombers against MIG-15 jet fighters). If you are a Korean War veteran, the MSU Retirees Association Military History Study Group would like to hear from you. We will honor you for your service, and we would like to hear firsthand your experiences in the Korean War. And of course you will be invited to join our group, which meets at 3:00 PM on the second Friday of each month in the back room of the Grand Traverse Pie Co. at Hagadorn and Grand River in East Lansing. Please contact Al LeBlanc at aleblanc@msu.edu or call 517-655-6454 with any questions.

Over the last year, the Board discussed the possibility of arranging a trip to a Spartan Football away game. The MSU vs Northwestern game was, logistically, the most practical game to attend. It was an easy drive from East Lansing. While waiting for the 2017 football schedule to be announced, a brief questionnaire was included in several eNotices to determine the interest level of MSURA members. Thanks to those members who responded. We anxiously awaited the announcement of the schedule. Unfortunately, the Northwestern game is a Friday night game, and this proved to be more challenging than anticipated. Therefore, with regret, we have discontinued plans to attend the Northwestern Game. We will continue to explore other opportunities. Thank you again for responding to the survey.

Thank you to MSU Retirees for their generous support of Michigan State University. University Advancement shared with the Board for the fiscal year 2016, MSU retirees donated $10,356,977.53. Congratulations to you all who continue to give back to the University, even in retirement. If you are contemplating making a donation, please consider donating to MSURA or the MSURA Student Scholarship.

As we approach the midpoint of the MSURA year, plans are underway for the annual luncheon and development of the slate of officers. Consider becoming involved in MSURA and serving on the Board, as an officer or as a committee chair. Position descriptions are listed on retirees.msu.edu under the “About MSURA” section, in the association by-laws. I would be happy to meet with anyone to discuss serving on the MSURA Board.

We are currently looking for someone who would like to serve as co-office manager. Duties include checking emails, scheduling office coverage, assisting with planning the annual luncheon, updating the member database, and other office duties. If interested, please contact Liz Thomas or Angela Brown at msura@msu.edu.

A special thank you to all who worked on the United Way mailings, the Old Newsboys fund raiser, and those who participated in the golf outing. Also, thank you for attending the monthly speakers meetings and financially supporting the organization. Visit the website and Facebook page for news on what’s happening in 2017.

Condolences go out to Rick Vogt, MSURA Vice President on the recent death of his mother. And also to the Ed Fitzpatrick family on his recent passing. The annual In Memoriam section of the newsletter will include all MSURA members who have passed within the last year. Our deepest sympathy goes out to all their families.

By now you have probably learned of the MSU data breach. For more information on that visit the MSU web site. Happy belated holidays and best wishes for a wonderful new year.
IN MEMORIAM, CONT. FROM PAGE 1

We are seeking nominations for the Volunteer of the Year Award that is presented at our Annual Meeting Luncheon in early May. Please submit the name of the nominee to Ron Smith, smithro6@msu.edu, by Feb. 28, 2017.

Special interest groups seek members

Do you belong to a special interest group? It’s a great way to meet other retirees with similar interests, become involved in a service project, or learn a new hobby. On the MSURA website, http://www.retirees.msu.edu/MSURA-Groups.html, check out the active interest groups. If you are interested in starting a new group, contact MSURA@msu.edu with details. Your interest will be shared with other retirees by MSURA, inviting interested members to contact you. Due to the popularity of some groups and the nature of what they do (for example, a book club) membership may be limited. If so, an additional leader may need to be identified so that an additional group can be formed. —Pam Marcis, Coordinator for Special Interest Groups

Nominations sought for Volunteer of the Year Award

MSUFCU Financial Services

Investment Services offered through CFS

Retirement means it’s time for a new adventure. You need sound advice and a strong financial plan to help you get there.

Set up your free, no-obligation appointment with Mark Garrod or Travis Pasma, registered Financial Advisors with CUSO Financial Services, L.P. (CFS) to review your finances today!

Mark Garrod: 517-664-7817
Travis Pasma: 517-664-6640

msufcu.org
Lessons on Investing – Did you know?

StraightLine is a financial education and management company that was created to be a fiduciary. A fiduciary ALWAYS acts in the best interest of its clients – a rarity in the financial services industry. Many firms do not accept or abide by this standard. Be sure to ask your advisor if they do!

Straight to the Point

Market Update - The market reaction post-election has been incredible, with big moves in both fixed income and equity markets. While we anticipated a gradual move higher in bond yields, what we’ve seen is a total reversal in the outlook for fixed income. The yield on the 10 Year Treasury has moved from roughly 1.8% up to 2.4% in a matter of a weeks, and in doing so has erased more than half the gains in the Barclays US Aggregate Bond Index. Meanwhile, domestic stock markets have pushed to new all time highs in anticipation of significant, economically friendly changes in fiscal policy. We see an increased likelihood for tax reform, infrastructure spending, and deregulation over the next few years.

Investment Implications - Although markets may have overextended themselves recently, during the next year we expect the trend of higher rates and better stock market performance to continue. Higher interest rates should favor the financial stocks, infrastructure spending should be good for the industrial, energy and materials sectors, while tax reform and repatriation of foreign cash should benefit certain technology and health care companies. We remain overweight domestic stocks and continue to look for ways to mitigate interest rate risk in fixed income.

Our quarterly newsletter will be out shortly, please read it for a more in depth look at our economic and market views.

From StraightLine Higher Education Services