



**MSURA SPARTAN SENIOR NEWSLETTER June-July 2019:** [Online here](#). Previous issues [click here](#).

**TUESDAY OCTOBER 15, 2019 8AM to 5:30PM, MSURA DETROIT HISTORIC BUILDING TOUR.** The tour includes tours of Guardian Building and The Fisher Building with lunch at the Detroit Athletic Club and bus transportation. Reservation deadline is August 31, 2019. Cost is \$99. The tour is limited to the first fifty people signed up. For details and to reserve your seat see the [event flyer](#).

**FRIDAY AUGUST 16, 2019 7PM LANSING LUGNUTS, MSURA EVENT**

Something new! Seats in the [Clubhouse](#) sky box upstairs. This includes a game ticket, all you can eat menu, cash alcohol bar, indoor air-conditioning and closed circuit coverage of game for the price of \$37 per person. The all you can eat menu includes burgers and bratwurst, with condiments, hot pretzels, ice cream sandwiches and fountain soda. There will also, be a "Fry Bar" including tater tots, colossal crisp fries, beer cheese sauce and pulled pork.

Tickets are limited to 54. Deadline to sign-up was Monday, July 15, 2019. If you are interested in attending with family or friends **please email Dave Brower at [brower@msu.edu](mailto:brower@msu.edu) providing him with the number of tickets you desire and any questions. Tickets may be available after the July 15th deadline. Contact Dave Brower for ticket availability.** Tickets are limited for this event and will be sold based upon when your email is received, on a first come basis. Once you have confirmation tickets are available and held in your name from Dave, please send your check made out to MSURA to MSURA, Suite 22 Nisbet Building, MSU, 1407 Harrison Road, East Lansing, Mi 48823-5239. Tickets will be available at will call in your name.

**TRI-COUNTY OFFICE ON AGING PROGRAMS FOR SENIORS**

Tri-County Office on aging has a number of programs to assist seniors? Most are FREE of charge. Check out what they have coming up including programming addressing: diabetes, chronic pain, managing concerns about falls, and programs for caregivers too. <https://www.tcoa.org/classesevidence-based-programs/>

**MSU ELI AND EDYTHE BROAD ART MUSEUM EVENTS**, current and up coming events.

**MSU COLLEGE OF MUSIC EVENTS.** Interested in musical experiences? See their website's [Events Page](#) for upcoming performances, along with details.

**MSU THEATER'S EVENTS,** check out [theatre.msu.edu](http://theatre.msu.edu) to see the special free events and programming surrounding the regular free performances of Summer Circle between the Kresge Art Building and the Auditorium Building on the MSU campus. Free parking across the street. Come early and sit in the free Summer Circle seats next to the stage. If you are not early, make sure to bring your own chairs. Food Truck and concessions are available but feel free to bring a picnic. In addition, if it ever rains we will go inside and perform in the Fairchild Theatre. (That is also free.)

**MSURA GROUPS AND ACTIVITIES:** There are several interest groups on our website – with everything from bowling to walking [click for list](#). Below is information on current active groups.

<b><u>GROUP</u></b>	<b>MSURA GENERAL INFORMATION</b>	<b>CONTACT</b>
<b><u>Amateur Radio Club</u></b>	We are amateur radio enthusiasts.	Ed Oxeer, W8EO at <a href="mailto:oxer@msu.edu">oxer@msu.edu</a> .
<b><u>Genealogy</u></b>	Meets monthly, contact Cathy Estrada for more information.	Cathy Estrada <a href="mailto:cje1026@yahoo.com">cje1026@yahoo.com</a> <a href="tel:(517)256-3733">(517) 256-3733</a>
<b><u>Knitters</u></b>	Meetings are every other Tuesday in room 27 Nisbet bldg.	Rosemary Pavlik, <a href="mailto:pavlik@msu.edu">pavlik@msu.edu</a>
<b><u>Quilters</u></b>	3 <sup>rd</sup> Monday of each month at 1:00PM at University Luther Church, 2010 S. Harrison, EL	Ann Booren, <a href="mailto:boorena@msu.edu">boorena@msu.edu</a>
<b><u>Travel Discussion</u></b>	Contact Al LeBlanc for meeting times and more information.	Al LeBlanc <a href="mailto:aleblanc@msu.edu">aleblanc@msu.edu</a> or <a href="tel:517-655-6545">517-655-6545</a>
<b><u>Military History Study</u></b>	Meetings announced through email. Contact Al LeBlanc for more information.	Al LeBlanc <a href="mailto:aleblanc@msu.edu">aleblanc@msu.edu</a> or <a href="tel:517-655-6545">517-655-6545</a>
<b><u>Walking</u></b>	Walk the campus river trail and other great places with your fellow retirees. Contact Rick Vogt for more information.	Rick Vogt, <a href="mailto:vogtrick@comcast.net">vogtrick@comcast.net</a>

**VACCINATIONS FREE TO MSU RETIREES** at MSU Clinical Center Pharmacy Monday through Friday 8AM to 5PM. Questions check [Pharmacy's web site](#) or call the Pharmacy, 517-353-3000.

- \* **Flu vaccines**
- \* **Shingles vaccines, “SHINGRIX”**
- \* **Tetanus vaccines**

**HEALTHTEAM PHARMACY ADDS TDAP TO VACCINE PORTFOLIO:** MSU

HealthTeam Clinical Center and Olin Health Center Pharmacies now provide the Tdap vaccine for adults 18 years and older. Tdap protects against tetanus, diphtheria and pertussis or whooping cough. CDC recommends one dose of Tdap for adults who have never received it. Adults can get the dose of Tdap before the 10-year mark. Talk to a pharmacist to learn what is best for your vaccination needs. You can visit the Clinical Center Pharmacy during the following business hours: Mondays through Fridays from 8 a.m. to 5 p.m. [pharmacy.msu.edu](http://pharmacy.msu.edu) [link] <https://www.pharmacy.msu.edu>

**MSURA FACEBOOK PAGE:** Are you involved in an interesting endeavor? MSURA wants to hear from you! Send us photos and/or a paragraph of your involvement and we'll add to the MSURA Facebook page. View all MSURA posts and photos at <https://www.facebook.com/MSURetirees>.

**PART-TIME EMPLOYMENT OPPORTUNITIES:** Who says you can't go back to work? Culinary Services has many positions available that are perfect for retirees! There are various hours and shifts within the dining halls including hosts, kitchen prep, platform servers and dining room attendants. They offer competitive wages and flexible schedules! And they value your experience and commitment to MSU. Please apply on-line by going to [jobs.rhs.msu.edu](http://jobs.rhs.msu.edu) and search for "MSU Retiree" under "Non-student" jobs. If you have any questions, please contact RHS Employment at 517-884-0634.

**MSURA ENDOWED SCHOLARSHIP:** Click here for more information about the [MSURA Student Endowed Scholarship Fund](http://www.givingto.msu.edu/1923) and/or contribute at [www.givingto.msu.edu/1923](http://www.givingto.msu.edu/1923); Additional contributions are welcomed and very much appreciated by the MSU students who benefit from these scholarships.

**MSURA VOLUNTEERS:** The MSU Retirees Association is an all-volunteer organization, and everything we do is made possible by MSU retirees and their spouses. If you have an interest in volunteering with the MSURA by sharing your ideas, time and talents, or willing to help in any way, please give us call at [517-353-7896](tel:517-353-7896) and leave your name and phone number. Thank you for your interest and willingness to serve MSURA.

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**MSURA Contact Information:** 22 Nisbet Building, 1407 S. Harrison Rd, East Lansing, MI 48823-5239. Phone [517-353-7896](tel:517-353-7896); email [msura@msu.edu](mailto:msura@msu.edu); website [www.retirees.msu.edu](http://www.retirees.msu.edu); Join our [Facebook page](#); To unsubscribe or change your email address: [MSURA.List.Manager@gmail.com](mailto:MSURA.List.Manager@gmail.com)