



MSURA SPARTAN SENIOR NEWSLETTER August-September 2019: [Online here.](#)
Previous issues [click here.](#)

MARK YOUR CALENDAR of MSU Retirees' Association events. See page 4 of the **August-September newsletter** for list of upcoming events. Details for these will be in future newsletters and eNotices.

SEPTEMBER MEMBERSHIP MEETING: Monday, September 9th. **MSU's Athletic Director, Bill Beekman**, will speak to the MSU Retirees about MSU sports programs and the upcoming year's challenges. Beekman is responsible for oversight of MSU's 25 varsity sports teams as well as the care of more than 700 Spartan student-athletes. Beekman officially assumed the role of MSU's 19th athletics director on July 17, 2018. He was appointed interim athletic director by MSU interim president John Engler on Feb. 5, 2018, before taking over the position full time. Meeting will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room at 1:30PM.

THURSDAY SEPTEMBER 12, 2019 1-2:30PM MSU FACULTY EMERITI

ASSOCIATION LECTURE Marjorie Sarbaugh –Thompson, PhD, Professor, Dept of Political Science, Wayne State University. Lecture topic is, Legislative "Term Limits": What Now or Where Do We Go From Here? It will be held in room 103 Kellogg Center, 1:00-1:30 coffee and parking passes 1:30-2:30 presentation includes Q and A. Faculty Emeriti Association lectures are co-sponsored by the Office of University of University Outreach and Engagement, who provide coffee and parking passes, and are open to all those interested.

OCTOBER MEMBERSHIP MEETING: Monday, October 14th. Williamston Theatre and the MSU Department of Theatre have a dynamic partnership that ensures collaborative projects between the two producing units on an annual basis. The purpose of this alliance is to continue the successful mingling of academic and professional theatre artists. Please join us to learn about this exciting collaboration and to hear about their 2019-2020 Seasons. Two local theatre powerhouses, Kirk Domer and Tony Caselli, will talk about this collaboration. Domer is the chairperson and professor of scene design for the Department of Theatre at MSU. He has designed scenery and props for Williamston Theatre and numerous others. Domer received his MFA in Scene Design from the University of Wisconsin-Madison. Caselli is artistic director and co-founder of the Williamston Theatre in Williamston, Michigan. A Michigan native, Caselli received his degree in theatre from Eastern Michigan

University, and is a member of the Stage Directors and Choreographers Society, the union for professional stage directors. Meeting will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room at 1:30PM.

TUESDAY OCTOBER 15, 2019 8AM to 5:30PM, MSURA DETROIT HISTORIC BUILDING TOUR. The tour includes tours of Guardian Building and The Fisher Building with lunch at the Detroit Athletic Club and bus transportation. **Reservation deadline is August 31, 2019.** Cost is \$99. The tour is limited to the first fifty people signed up. For details and to reserve your seat see the [event flyer](#). **THIS EVENT IS SOLD OUT.**

WEDNESDAY OCTOBER 16, 2019 NOON TO 2PM, RELAXING UNDER THE STARS AT THE MSU PLANETARIUM AND WALK THE CAMPUS RIVER TRAIL.

Come join us to take part in a monthly show at the MSU Planetarium sponsored by MSU Healthy4You, "Relaxing Under the Stars". We also plan a walk along the campus river trail to enjoy the fall colors. Rick Vogt will be your host for both events. Meet in the MSU Planetarium lobby at Noon. Plenty of free parking available with your MSU Retiree parking permit.

MSU BENEFITS OPEN ENROLLMENT OVERVIEW, OCTOBER 23, 2019 2-3PM AT COMMUNITY ROOM MSUFCU FARM LANE BRANCH. Dan Mackey and Tabatha Dixon of MSU Human Resources will provide an overview of the Benefits Open Enrollment process and have a Question and Answer session to answer your questions. Also, Sandra Campbell of the MSU Pharmacy will inform us of services they offer, such as free vaccinations.

PART-TIME EMPLOYMENT OPPORTUNITIES: Who says you can't go back to work? Culinary Services has many positions available that are perfect for retirees! There are various hours and shifts within the dining halls including hosts, kitchen prep, platform servers and dining room attendants. They offer competitive wages and flexible schedules! And they value your experience and commitment to MSU. Please apply on-line by going to jobs.rhs.msu.edu and search for "MSU Retiree" under "Non-student" jobs. If you have any questions, please contact RHS Employment at 517-884-0634.

Professional Aide – temporary position College of Social Science ~ Department of Anthropology The Department of Anthropology is seeking a Professional Aide to temporarily support and facilitate operations of a moderate sized academic unit with diverse research and outreach activities. This position reports directly to the department chair. This position is expected to last two to six months. For more details contact Shannon Davis at smdavis@msu.edu.

WEDNESDAY, SEPTEMBER 11, 2019 10AM-2:30PM CAREGIVER PROGRAM AT HELPING HANDS RESPITE CARE, 201 HILLSIDE COURT, EAST LANSING

Do you provide care for an older family member (transportation, household chores, errands, personal cares, etc.)? You are invited to join us for an Intergenerational

Caregiver Program that will be held with both MSU student and MSU Retirees who are caregivers for older family members. Program content will focus on the aging process, caregiver self-care, communication with care recipients, and community resources.

The content of this program was developed based on information gathered from MSU students and MSU retirees who are caregivers for older family members, and is part of a research project with AgeAlive at MSU. Since this program is part of a research project, you may be asked to fill out questionnaires throughout the program. You will not be asked to answer questions that make you uncomfortable. All data will remain anonymous and will be reported in aggregate form so that it cannot be attributed back to you.

Lunch is provided and participants will be given a \$50 gift card for their time. Respite care at Helping Hands will also be available if needed. Please indicate need at time of registration. Contact Becky Cordes, Research Coordinator to register or with questions at cordesre@msu.edu

AARP MI AGE-FRIENDLY STATE COMMUNITIES CONFERENCE, MONDAY

OCTOBER 7, 2019, 9:00 a.m. – 3:30 p.m., Crowne Plaza West Lansing Hotel, 925 S. Croyts Road, Lansing, Michigan 48917. Join us for a free, one-day conference to learn about the impact of an Age-Friendly Michigan and explore how a new approach to community planning can benefit all ages. See [event flyer](#) for more information.

TRI-COUNTY OFFICE ON AGING PROGRAMS FOR SENIORS

Tri-County Office on aging has a number of programs to assist seniors? Most are FREE of charge. Check out what they have coming up including programming addressing: diabetes, chronic pain, managing concerns about falls, and programs for caregivers too. <https://www.tcoa.org/classesevidence-based-programs/>

MSU ELI AND EDYTHE BROAD ART MUSEUM EVENTS, current and up coming [events](#).

MSU COLLEGE OF MUSIC EVENTS. Interested in musical experiences? See their website's [Events Page](#) for upcoming performances, along with details.

MSU THEATER'S EVENTS, check out theatre.msu.edu to see the special events and programming.

MSURA GROUPS AND ACTIVITIES: There are several interest groups on our website – with everything from bowling to walking [click for list](#). Below is information on current active groups.

<u>GROUP</u>	MSURA GENERAL INFORMATION	CONTACT
---------------------	----------------------------------	----------------

<u>Amateur Radio Club</u>	We are amateur radio enthusiasts.	Ed Oxe, W8EO at oxer@msu.edu .
<u>Genealogy</u>	Meets monthly, contact Cathy Estrada for more information.	Cathy Estrada cje1026@yahoo.com (517) 256-3733
<u>Knitters</u>	Meetings are every other Tuesday in room 27 Nisbet bldg.	Rosemary Pavlik, pavlik@msu.edu
<u>Quilters</u>	3 rd Monday of each month at 1:00PM at University Luther Church, 2010 S. Harrison, EL	Ann Booren, boorena@msu.edu
<u>Travel Discussion</u>	Contact Al LeBlanc for meeting times and more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
<u>Military History Study</u>	Meetings announced through email. Contact Al LeBlanc for more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
<u>Walking</u>	Walk the campus river trail and other great places with your fellow retirees. Contact Rick Vogt for more information.	Rick Vogt, vogtrick@comcast.net

VACCINATIONS FREE TO MSU RETIREES at MSU Clinical Center Pharmacy Monday through Friday 8AM to 5PM. Questions check [Pharmacy's web site](#) or call the Pharmacy, 517-353-3000.

- * Flu vaccines
- * Shingles vaccines, "SHINGRIX"
- * Tetanus vaccines, "Tdap"

MSURA FACEBOOK PAGE: Are you involved in an interesting endeavor? MSURA wants to hear from you! Send us photos and/or a paragraph of your involvement and we'll add to the MSURA Facebook page. View all MSURA posts and photos at <https://www.facebook.com/MSURetirees>.

MSURA ENDOWED STUDENT SCHOLARSHIP: The MSU Retirees' Association started an endowed student scholarship in 2015. We wanted to support the next generation of our Spartan families. Today, we have endowed two scholarships and we are working on the third. These \$2500 scholarships are a big help in helping our young people. If you would like to contribute or make a pledge, go to www.givingto.msu.edu/1923; Additional contributions are welcomed and very much appreciated by the MSU students who benefit from these scholarships.

MSURA VOLUNTEERS: The MSU Retirees Association is an all-volunteer organization, and everything we do is made possible by MSU retirees and their spouses. If you have an interest in volunteering with the MSURA by sharing your ideas, time and talents, or willing to help in any way, please give us call at [517-353-7896](tel:517-353-7896) and leave your name and phone number. Thank you for your interest and willingness to serve MSURA.

(en1836)

MSURA Contact Information: 22 Nisbet Building, 1407 S. Harrison Rd, East Lansing, MI 48823-5239. Phone [\(517\) 353-7896](tel:517-353-7896); email msura@msu.edu; website www.retirees.msu.edu; Join our [Facebook page](#); To unsubscribe or change your email address: MSURA.List.Manager@gmail.com