



New dental plan, open enrollment will be focus of Oct. 10 meeting

Dan Mackey, HR manager/retirement administrator, will discuss the upcoming MSU open enrollment period, review any changes to retiree policies/benefits and answer questions from MSURA members at the



Dan Mackey

Tuesday, Oct. 10 meeting. He'll also share information about the new buy-up dental plan.



Sandra Campbell

Sandra Campbell, chief pharmacist at the MSU Pharmacy will go over new

services the MSU Pharmacy is offering and answer any questions you may have. Campbell will explain how these services can help retirees save time, money and provide a convenient way to obtain prescriptions and vaccines.

Please note: Meeting is on Tuesday because Monday is a holiday.

When Tuesday, Oct. 10, 2023
Time 2 p.m., coffee at 1:30 p.m.
Where Community Room, MSUFCU Branch, Mt. Hope & Farm Lane, East Lansing OR join the Zoom: See E-Notice for sign in info or visit <https://retirees.msu.edu>.

Go to lunch!

New monthly program starting on Oct. 13

We are excited to announce a new initiative. Starting Friday, Oct. 13, an informal luncheon will be hosted by MSURA. This will be a monthly event so watch your E-Notices and newsletters for reminders. No program, just time to meet and socialize with your fellow retirees.



MSU RETIREES ASSOCIATION MONTHLY INFORMAL LUNCH
When Friday, Oct. 13, 2023
Time 11:30 a.m. - 1:30 p.m.
Where Brody Hall Cafeteria
Program None — just social time with your fellow retirees

MSURA had its early beginning with retirees meeting for lunch. Many retirees meet regularly with their fellow retirees for breakfast, lunch or dinner. As we begin our 75th anniversary year, we thought having a reoccurring common lunch where retirees can socialize and reconnect was a good idea. Plan

to attend and invite your friends as well. These will be held monthly on the second Friday of the month at MSU Brody Hall from 11:30 a.m. to 1:30 p.m.

Meals can be purchased in advance for discounted price at EatAtState.msu.edu or in person. Also daily menus are available on the EatAtState.msu.edu

website. Prices at the door, Breakfast: \$9, Lunch or Dinner: \$13 plus sales tax. Debit & Credit cards accepted. If purchased in advance on the website, \$9 per meal plus sales tax, 10 meal minimum purchase. Faculty/Staff rate for retirees.

The Brody Hall Cafeteria is located on the second floor. An elevator is located near the front entrance that will take you up to the cafeteria. Stairs are also available.

If you need an MSU Retiree ID card, you can get one at the MSU ID Office located in the MSU International Center. Purchased meals on the EatAtState.msu.edu website are placed on your MSU ID card.

Your MSU Retiree Parking Permit allows you to park on campus anywhere an MSU Employee Parking Permit is allowed to park.

If you need an MSU Retiree Parking Permit, you can order one for Free on the MSU Parking Office website at <https://parking.msu.edu/>. From the menu at the top of the page, select "Permits" and "Retiree." Follow the instructions to order your permit. Note: You will need to know your MSU NetId and password. If you do not know your MSU NetId and password, contact MSU IT Services Help Desk at 844-678-6200 or 517-432-6200.

Parking is available at Jenison Field House with your MSU Retiree Parking permit or by Pay-By-Plate. Kellogg Center parking ramp is now Pay-By-Plate.

MSU RETIREES ASSOCIATION

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Please support our sponsors. They do a lot to help us defray the cost of events, newsletters and administrative expenses, They've also allowed us to give an extra \$2,500 Student Scholarship each of the past five years.



PRESIDENT'S MESSAGE

Jacqueline Babcock

It's fall and as I'm writing I can see the MSU stadium outside my balcony window with football fans filling the stadium.

I am writing this ahead of our kick off meeting featuring Interim President Teresa Woodruff. If you attended the membership meeting you should have picked up your 75th anniversary pen. They will be available at future meetings as well.

I am also anticipating the MSU Homecoming parade featuring our "Still Rockin after 75 years" themed float. Thank you to Bill Anderson for organizing this effort and Cheryl Pell for designing the banners. We also need to thank Angie Wendelberger in the Department of Theatre for helping us with costuming float riders for a 50s theme. And, thank you to Craig Gunn for providing the float trailer and driving the truck pulling the float. Finally, many of you helped build the float, rode on the float, walked with the float and handed out candy and cheered us on in the crowd. **THANK YOU!**

Three members of the board, Angela Brown, Bruce Smith and I attended a meeting of the B1G Retirees Association in Madison, Wisconsin, in July. This is an annual meeting, which is rotated between the B1G Universities. Of interest to attending participants was MSURA's Scholarship program — so we can be proud of that accomplishment. (You can still donate as we work to fund a fourth scholarship. Information available on page 7 in the newsletter.) MSU's Retiree Association will host the group in 2027 and will begin planning soon. If you'd like to be part of the planning committee, please let me know.

Looking ahead we have the trip to Dearborn to visit the Ford Museum and River Rouge Auto Plant. The bus is close to full as of this writing, but you can still send in a reservation as there will be a wait list in case of cancellations. The board is looking at options for a spring bus trip and attendees at the September monthly meeting were asked to indicate interest in trip destinations. The board is striving to meet a wide variety of interests in our group, and your input is always welcome.

I hope to see you on October 10 (A TUESDAY) to hear and ask questions of Dan Mackey and Sandra Campbell from HR on MSU Health Benefits and Open Enrollment. Plus, you can also join friends and colleagues at Brody Cafeteria on October 13 at 11:30 a.m. for a casual lunch.

Have a great fall. Happy Halloween!



In Memoriam

The Spartan Senior Newsletter prints in each issue of the newsletter the names of MSU retirees who have recently died. In publishing this notice to mark their passing, we honor them for their contributions to improve MSU and the Greater Lansing community.

George Ayers	1/6/23	Elliot Noel Light	7/31/23
Mary Y. Baron	11/14/22	Timothy Little	8/8/23
Raimund Belgardt	1/28/23	James Marshall	4/2/23
Bruce J. Bigelow	8/4/23	Daniel S. Mazzuchi	8/10/23
Charles Blackman	8/1/23	James R. McCormick	12/20/22
Dale Bonge	7/2/23	Mary Ann Michaels	2/24/23
Roger Charles Brook	7/12/23	Mary Lou Nicholson	6/16/23
Guy L. Bush	8/2/23	James F. Price	6/21/23
Gerard Crawley	12/5/22	Ruth Ann Reynolds	7/20/23
Kenny Davis	7/10/23	Lloyd Schneiderman	2/5/23
Albert D. Drake	6/11/23	John Robert Seita	6/11/23
Gary L. Dressel	6/21/23	Karen A. Semperger	7/27/23
Boyd G. Ellis	8/13/23	Allen Shapley	1/24/23
Roy V. Erickson	7/15/23	Ada Shinabarger	8/9/23
Eugene Ferris	7/1/23	James Ross Shipley	6/30/23
Aurora Franco	6/30/23	Robert L. Swartz	8/23/23
Kay Frazier	8/9/23	F. E. Vanosdall	7/29/23
Gladys Harris	7/15/23	Gerald Waite	7/7/23
Clifford R. Kahl	6/13/23	Juliet M. Warren	8/21/23
Mary M. Kennedy	7/1/23	Maria Yan	6/5/23



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UPCOMING MEMBERSHIP MEETING

Adviser to MSU Street Medicine program to speak at Nov. 13 meeting

Based in the College of Osteopathic Medicine, Spartan Street Medicine is run by medical students united under a commitment to quality healthcare for all. The program provides care and health education to people experiencing homelessness in Ingham County in the form of pop-up clinics and outreach trips.

The student-led medical group is overseen by Dr. Graham Atkin, community adviser — who will speak to retirees — and Dr. Robert Scott and Dr. Michelle Loubert, clinical advisers.

“What we are trying to do is bridge the gap in healthcare for people who are experiencing homelessness in a way that brings them in as partners in their health discovery process and in a

way that empowers them to be advocates for their health,” Atkin said. “It really is about bringing the clinicians to the patients, going to the people where they are, and helping them as best we can.”

Attendance at this event is in-person or virtual using Zoom. Meeting will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room. Coffee at 1:30 p.m. and presentation will start at 2 p.m.

When Monday, Nov. 13, 2023

Time 2 p.m., coffee at 1:30 p.m.

Where Community Room, MSUFCU Branch, Mt. Hope & Farm Lane OR join the Zoom: See E-Notice for sign in info or visit <https://retirees.msu.edu>.



75th anniversary kickoff successful

About 60 people attended the kickoff celebration event for the 75th year of the MSU Retirees Association in person at the MSUFCU Headquarters Building 2 on Monday, Sept. 11, while 38 joined online. Before speaking, Interim President Teresa K. Woodruff chatted with retirees and then delivered an engaging address, which you can watch by going to this [link](#). We thank her for recognizing the significance and importance of retirees to the University and for being a major part of our event. Upon arriving, attendees received a trivia game sheet based on MSURA facts, a survey asking about events they would be interested in attending, a cookie decorated with our 75th anniversary logo and a special ink pen. Thanks to all of the people who worked hard to make this event happen and to all of the attendees.



Humana to attend MSU Benefits Open Enrollment Fair

Humana is excited to host informational meetings at the Open Enrollment Benefits Fair to help MSU retirees learn more about the MSU Humana Group Medicare Advantage PPO Plan and how to make the most of their plan benefits. We hope to see you there!

If you are unable to attend and have questions about the Humana plan, please contact Humana at **800-273-2509** (TTY: 711), Monday - Friday, 8 a.m. to 8 p.m., Eastern time.

Topics discussed at the meetings:

-  **Your Passive PPO Plan:** A general overview of your plan benefits, services and expected costs.
-  **Part D benefits:** Learn about the prescription drug coverage that is included with your plan.



How to find a doctor: Get instructions on how to access our provider directory to search for providers, specialists and hospitals for care.



Prior authorization: An overview of what prior authorization is, how to receive it and how long the process typically takes.



SmartSummary®: Get to know your SmartSummary and make the most out of the information in a way that is easy to read and understand.



MyHumana: Keep track of your claims and benefits, find providers, view important plan documents and more.



Plan extras: Take advantage of extra benefits and resources available with your Humana plan including Go365®, SilverSneakers®, Humana Well Dine® and health coaching.

Retired since 2002, Forsyth spends his free time sailing

From punched paper tape to online tools like ChatGPT, John Forsyth, an original faculty member of the Michigan State University computer science department, has seen the development of the department since the beginning.

Forsyth started his journey at MSU in 1958 as a freshman. After completing his master's in 1963 he moved to Albuquerque, New Mexico, to work for a few years but found his way back in 1965 where he started working on his Ph.D. while also working for the computer science department. After completing his Ph.D., he decided to stay at MSU where he continued to work for 37 years before his retirement in 2002.

"It was very, very interesting developing. And there were all kinds of courses you would teach and of course, it's evolved," said Forsyth. "The department's been there, and the field has really developed over that time, you know. It's the sort of thing that when they first talked about the things we take for granted today with all of the video, images, and internet kind of stuff. That was the big question, like, how can you ever make it work?"

Forsyth enjoyed his time working with his students, and his colleagues in the College of Engineering.

"We had good leadership there, and they still do," Forsyth said.

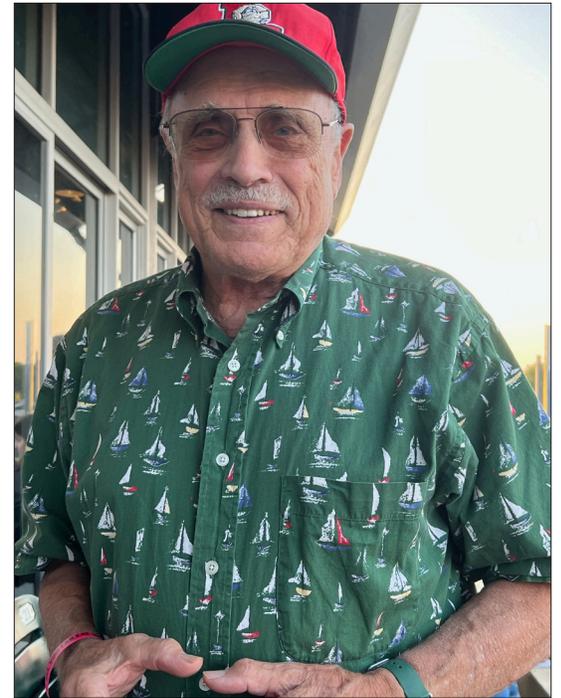
One of the big reasons Forsyth wanted to retire was so he could spend more time enjoying his favorite hobby, sailing.

"That was one of my major impetuses for retiring so I could spend more time sailing because they would be starting classes in the middle of sailing season in August," Forsyth said.

The Forsyths have a sailboat in Lake

"My dream for a long time was to go to the boat on a Friday night, open a bottle of wine, and decide where to sail for the next day.

—JOHN FORSYTH



John and Gretchen Forsyth have been sailing since 1980 when they bought their first sailboat after Forsyth won money from an award. Their current sailboat has sleeping quarters.

Macatawa in Holland, which connects to Lake Michigan. They have been sailing since they bought their first sailboat in 1980 after Forsyth won some money from an award.

"There was some money involved so I used it to buy a sailboat that we could

Please see SPARTAN SPOTLIGHT on page 6

SPARTAN SPOTLIGHT



BY JATASIA POWERS

JaTasia Powers is a double major in media journalism and mass communication. She hopes to have a career as a music journalist when she graduates.

trailer behind the car. So we used to go around to different places, mostly around Michigan. We would put all of our camping gear in the boat and when we got somewhere we would set up camp and go out sailing,” Forsyth said. “My dream for a long time was to go to the boat on a Friday night, open a bottle of wine, and decide where to sail for the next day.”

In 1997, they upgraded to a sailboat with a cabin making it easier for them to spend the nights out on the water. They’ve gone on many cruises around Lake Michigan and have crossed Lake Michigan over half a dozen times.

“We don’t race or anything, we cruise, we day sail, we just enjoy being on the water,” Forsyth said.

They have enjoyed sailing to the Wisconsin harbors, Leland and Traverse Bay. They’ve come close to pushing the boat to Mackinac Island

a few times.

“But the wind comes from the north and to get there you have to go north, and with a sailboat you reconsider,” Forsyth said. “It would be a lot easier to get there driving.”

When the short sailing season comes to an end, the Forsyths enjoy the countless MSU activities through the Wharton Center and the College of Music. They also enjoy MSU sports, so they get season tickets for hockey, women’s basketball, and volleyball.

“The fringe benefits with all the activities from the athletic program and the music and theater and that sort of thing is always something new,” Forsyth said. “In fact, that’s why we stayed in East Lansing when we retired. We already knew how much was going to be available through Wharton Center and so forth. One of the ways we keep busy is trying to keep up with some of the

activities on campus.”

Forsyth has done a fair amount of traveling around North America and Europe. The Forsyths currently have a trip planned for Italy.

“On this trip to Europe, we’ll see artwork and historical buildings — the things that we studied about in college, but now we finally see them firsthand.”

Forsyth once heard some great advice from his friend’s father.

“Travel while you are young. But I think the other part of it is, Don’t stop. Don’t stop if you don’t have to,” Forsyth said.

Today, Forsyth is on the board of the MSU Retiree Association as well as the MSU Faculty Emeriti Association. He works on computer data for both organizations. He is also on the board of Friends of Absolute Music, a group started in part by Richard Sherman, College of Music professor of flute.

Visit MSU Health Care at the MSU Benefits Fair

October 12

Stop by our table to learn about:

- > Pharmacy’s vaccine & free delivery services
- > Mental health services available every weekday
- > Our primary care providers accepting new patients
- > Personalized care at home available for chronic conditions



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SCHOLARSHIP FUNDRAISING UPDATES

MSURA SCHOLARSHIP FUNDRAISING CONTINUES

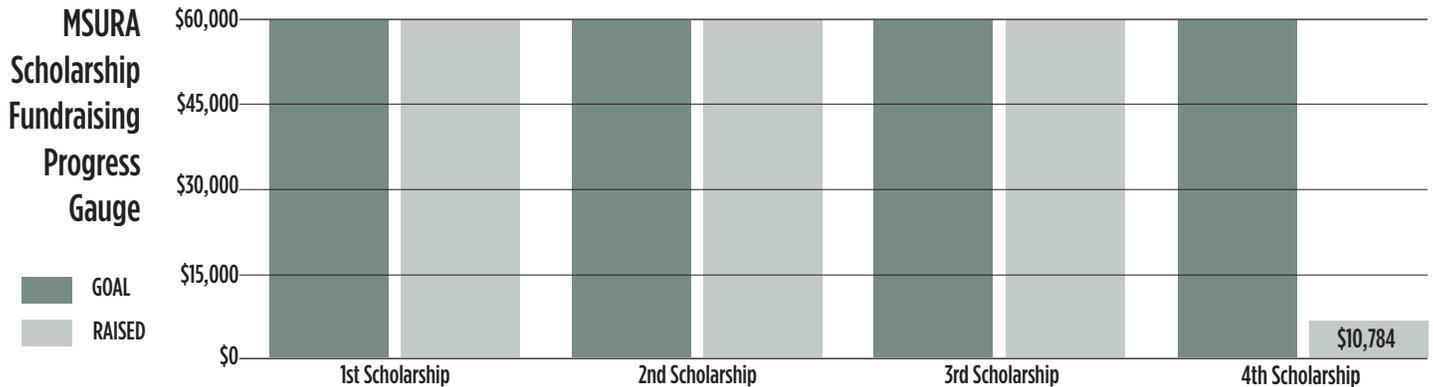
Each spring, MSURA awards scholarships to MSU students with a family connection to an MSU staff or faculty member. We now have three fully funded scholarships. With generous support from our members, MSURA is working to endow a fourth scholarship we can award annually. We encourage you to help us achieve this ambitious goal. It takes approximately \$60,000 to fund one scholarship each year. We have raised \$10,984 to date. We

need \$49,016 to completely fund a fourth scholarship.

We thank everyone who has helped us build this scholarship fund. To contribute again or to make your first donation to the scholarship fund, go to the MSURA Home-page (<http://retirees.msu.edu/>) for information on how to donate or follow the directions in this newsletter. MSURA and our scholarship recipients thank you for your support.

—Roger Baldwin, Fundraising

We were able to give four scholarships this past year, thanks to an extra donation from the MSURA itself. From left to right: Andrew Constan, Rueben Morillo, Ryan Priess and Connor Woodcock.



HOW TO DONATE TO THE MSURA ENDOWED STUDENT SCHOLARSHIP

If you're interested in giving to the MSURA Endowed Student Scholarship Fund, here are two ways to do so.

Mail

Make checks payable to Michigan State University with MSURA Endowed Student Scholarship written in the memo line.

Mail to:

University Advancement
535 Chestnut Road, Room 300
Michigan State University
East Lansing, MI 48824

Online

- Go to <https://givingto.msu.edu/gift/>
- Type in "MSURA Endowed Scholarship Fund" for Areas to Support.
- Click on "Add to Cart."
- Enter any gift amount you wish.
- Click on "Proceed to Checkout."
- Complete donation.

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MSURA communicates via email to retirees twice monthly throughout the year about various topics and events. If you do not receive our E-Notice emails and would like to, please provide us with your email address and we will add you to the recipient list. Email us at msura@msu.edu with your name and email address with the subject line, "Subscribe to MSURA E-Notices."



We're looking for stories. Got one?



Got an idea for a story in the Spartan Senior Newsletter? Are you doing something interesting that you'd like to share with fellow retirees? Email your idea to newsletter editor Rick Vogt at vogtrick@msu.edu.



Retirees Association
MICHIGAN STATE UNIVERSITY

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Straight to the Point

Market Update - Summer brought mixed markets for investors, as the strong returns in June and July ultimately gave way to what we would characterize as the typical August angst. The coming months will see the focus shift to the new year and any challenges or opportunities that might come with it. Although the overall state of the economy remains a question, we do not see the likelihood of a notable downturn on the immediate horizon. As a result, this could easily pave the way for a year-end rally, particularly as many managers have lagged the equity indices and will be playing catch up. We doubt markets will move in a straight line, but we see no reason to be negative on stocks for the remainder of 2023.

Special MSU Retirement Plan Update - MSU retirement plan changes are now complete. There has been a great deal of movement, both across accounts and investments. If you or anyone you know would like to talk through the changes, or to review investments and distributions, please contact us at 877-338-4032 or info@straightline.com.

StraightLine is a fiduciary that provides professional financial planning and account management. Our experienced advisors and dedicated research staff allows us to offer unbiased information to the MSU faithful. Our quarterly newsletter (StraightTalk) walks through the macro information we are utilizing in our investment management. Please contact us if you are interested in receiving these newsletters or discussing how we can assist with your financial strategy.

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